



To: Coventry Health and Wellbeing Board

Date: 6th March 2024

From: Rachel Chapman

Title: Major Conditions Strategy and the Wider Determinants of Health

1 Purpose

The purpose of this item is to inform the Coventry Health and Wellbeing Board of the national policy approach to develop a Major Conditions Strategy, and to consider how the wider determinants of health can contribute to the prevention and management of long-term conditions.

2 Information/Background

- 2.1 In Aug 2023 the government published a policy paper - Major Conditions Strategy: case for change and our strategic framework.
- 2.2 One in 4 adults has at least 2 health conditions (multimorbidity). The national strategic framework focuses on 6 groups of conditions: cancers, cardiovascular disease (CVD) (including stroke and diabetes), musculoskeletal disorders (MSK), mental ill health, dementia, and chronic respiratory disease (CRD) which together account for over 60% of ill health and early death in England.
- 2.3 The framework is part of the commitment to raise healthy life expectancy by 5 years and to level up health and narrow the gap in healthy life expectancy
- 2.4 The national strategic framework focuses on primary prevention through lifestyle risk factors, reducing exacerbations and complications (secondary prevention), early diagnosis, early intervention and quality treatment, and supporting people as they live with major conditions.
- 2.5 There are many actions identified for the NHS to take to reduce the impact of major conditions on people's health and wellbeing and to reduce inequalities.
- 2.6 The wider determinants of health should also be a crucial component of local plans for preventing and managing multimorbidity, following the lifecourse and

contributing to reducing the impact at all stages from prevention, through reducing exacerbations and complications, to supporting people to live with major conditions.

- 2.7 This is an opportunity to work in partnership to contribute to delivery of priorities within the One Coventry Plan, the Coventry And Warwickshire Integrated Health And Care Delivery Plan, The Coventry Health and Wellbeing Strategy and the Marmot Principles.

3 Options Considered and Recommended Proposal

The Health and Wellbeing Board is recommended to:

- 1. Support the development of a Coventry approach to preventing, managing and reducing the impact of multi-morbidity**
- 2. Specifically consider the wider determinants of health in the context of reducing the impact of multimorbidity that are:**
 - Person / household centred**
 - Place-based**
- 3. Link health service developments with wider determinants to improve health eg Community Diagnostic Centres**

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Appendices

N/A